



Developing Deeper Connections in a Post-COVID World

Eugene Seah
NLP Life Coach



Bicsi[®]
EMEA REGION
bicsi.org/emea2020

News, wherever you are.

Stay updated with our Telegram service.
JOIN our channel at t.me/todayonline.sg.

We set you thinking
TODAY
MONDAY 14 SEPTEMBER 2020

Cut through the clutter.

Subscribe to our email newsletter for the
day's essential news, straight to your inbox.

[Singapore](#) [World](#) [Big Read](#) [Opinion](#) [Gen Y Speaks](#) [Features](#) [Visuals](#) [Brand Spotlight](#) | 8 DAYS



SIA Group axes 2,400 workers in Singapore and overseas — almost 9% of its workforce

By NAVENE ELANGO VAN



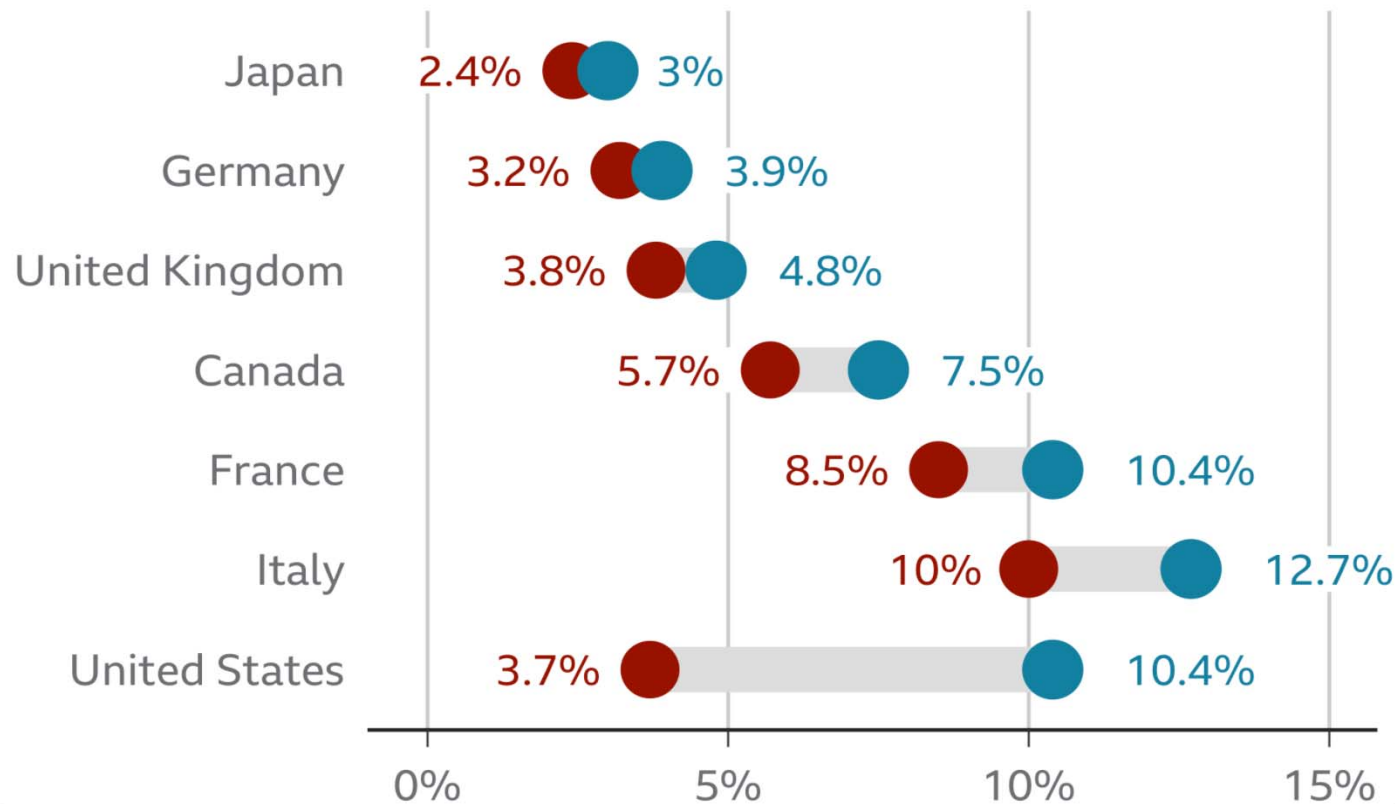
Bicsi
EMEA REGION
bicsi.org/emea2020

Singapore's recession deepens with worst ever quarterly contraction of 13.2%



World economies struggling with rising unemployment

Yearly unemployment rate change, 2019-2020

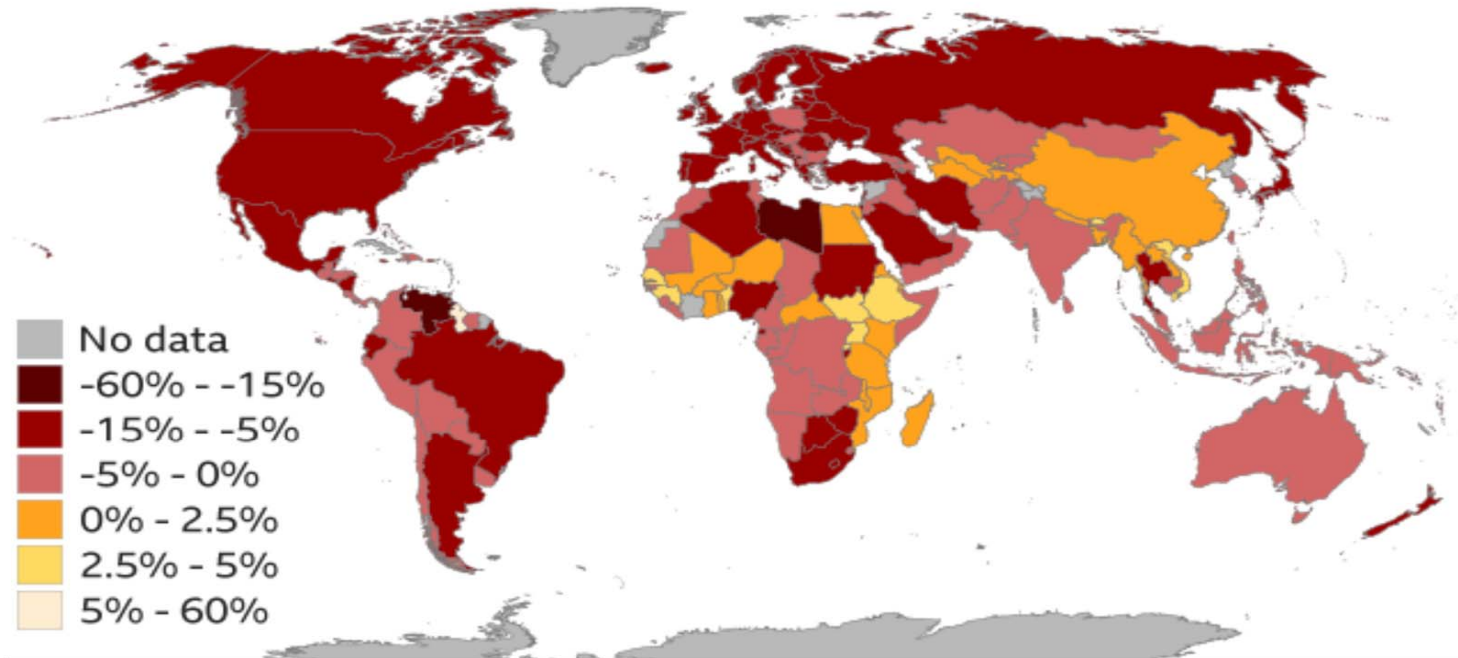


Source: IMF, 29 June 2020, 12:00 BST

BBC

Majority of countries on the brink of recession

Real GDP growth, Q1 2020



Source: International Monetary Fund

BBC



Bicsi
EMEA REGION
bicsi.org/emea2020



BUSINESS • COVID-19

Millions of Americans Have Lost Jobs in the Pandemic—And Robots and AI Are Replacing Them Faster Than Ever





VUCA
Volatile
Uncertain
Complex
Ambiguous



Bicsi[®]
EMEA REGION
bicsi.org/emea2020

Meet Eric Yuan, the founder and CEO of Zoom, who has made over \$12 billion since March and now ranks among the 400 richest people in America

Taylor Nicole Rogers Sep 9, 2020, 11:44 PM



VIDEOS YOU MAY LIKE

by Taboola



amazon



VUCA
Volatile
Uncertain
Complex
Ambiguous



Bicsi
EMEA REGION
bicsi.org/emea2020

Amazon CEO Jeff Bezos grows fortune by \$24bn amid coronavirus pandemic

Bezos owns 11% stake in Amazon, which has seen surge in demand with households on virtual lockdown

- [**Coronavirus - live US updates**](#)
- [**Live global updates**](#)
- [**See all our coronavirus coverage**](#)



amazon



VUCA
Volatile
Uncertain
Complex
Ambiguous

NETFLIX



Bicsi
EMEA REGION
bicsi.org/emea2020

NEWS

Home | US Election | Coronavirus | Video | World | Asia | UK | Business | Tech | Science | Stories

More

Business | Market Data | Global Trade | Companies | Entrepreneurship | Technology of Business | Business of Sport | Global Education | Economy | Global Car Industry

ADVERTISEMENT

CAPTURING THE WORLD

A photojournalist's story

WATCH NOW >

PAID AND PRESENTED BY

vivo

Netflix gets 16 million new sign-ups thanks to lockdown

21 April



Top Stories

Australian Covid rules to be eased in Victoria

The southern state - home to a quarter of Australia's population - will loosen measures from Monday.

8 hours ago

Italy tightens rules after Covid cases surge

2 hours ago

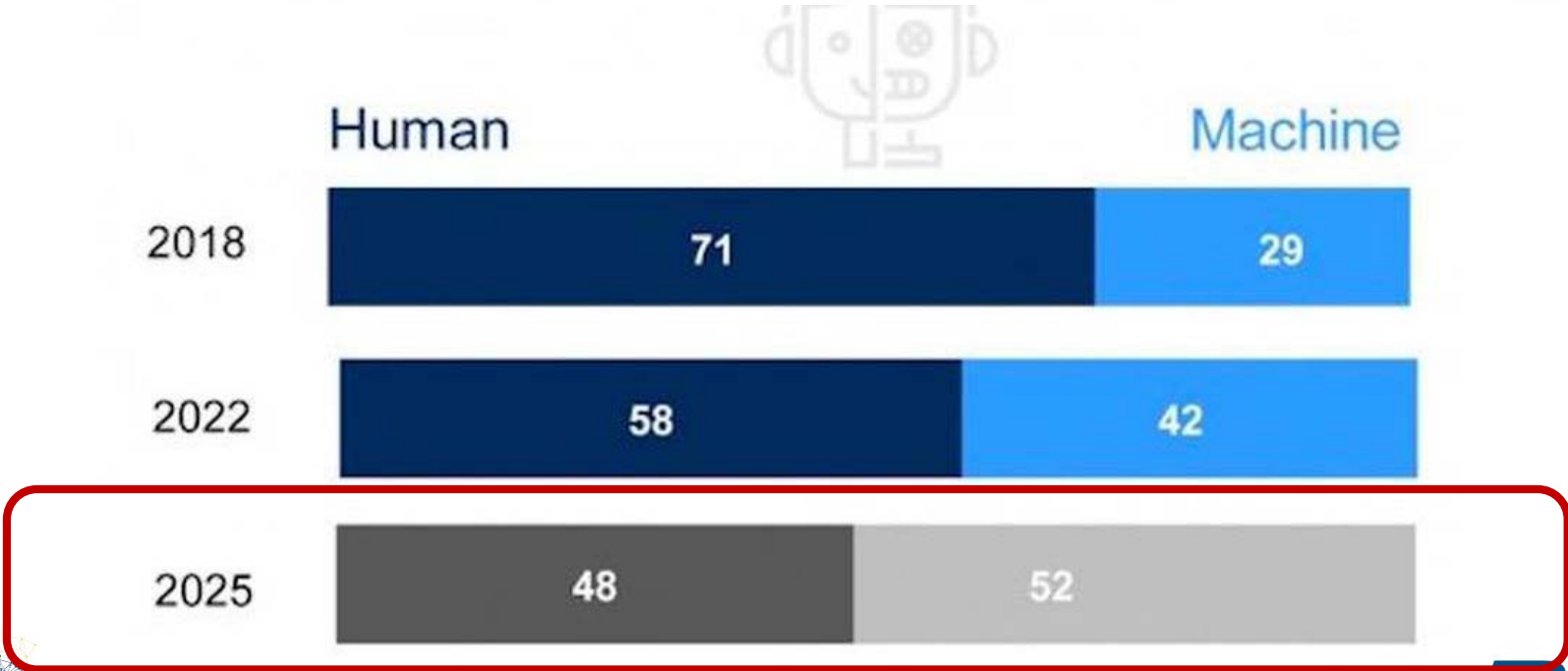
Thousands rally to support beheaded French teacher

6 hours ago

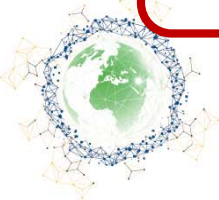


Rate of automation

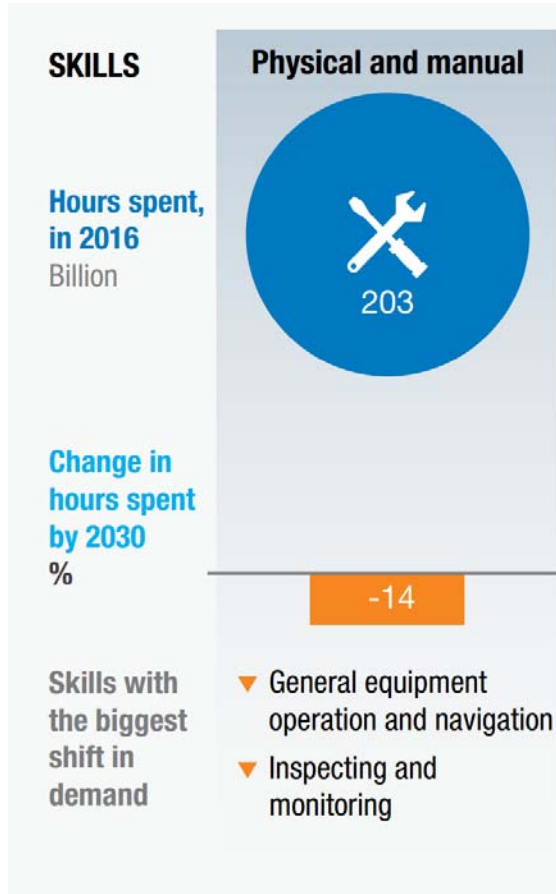
Division of labour as share of hours spent (%)



Source: Future of Jobs Report 2018, World Economic Forum

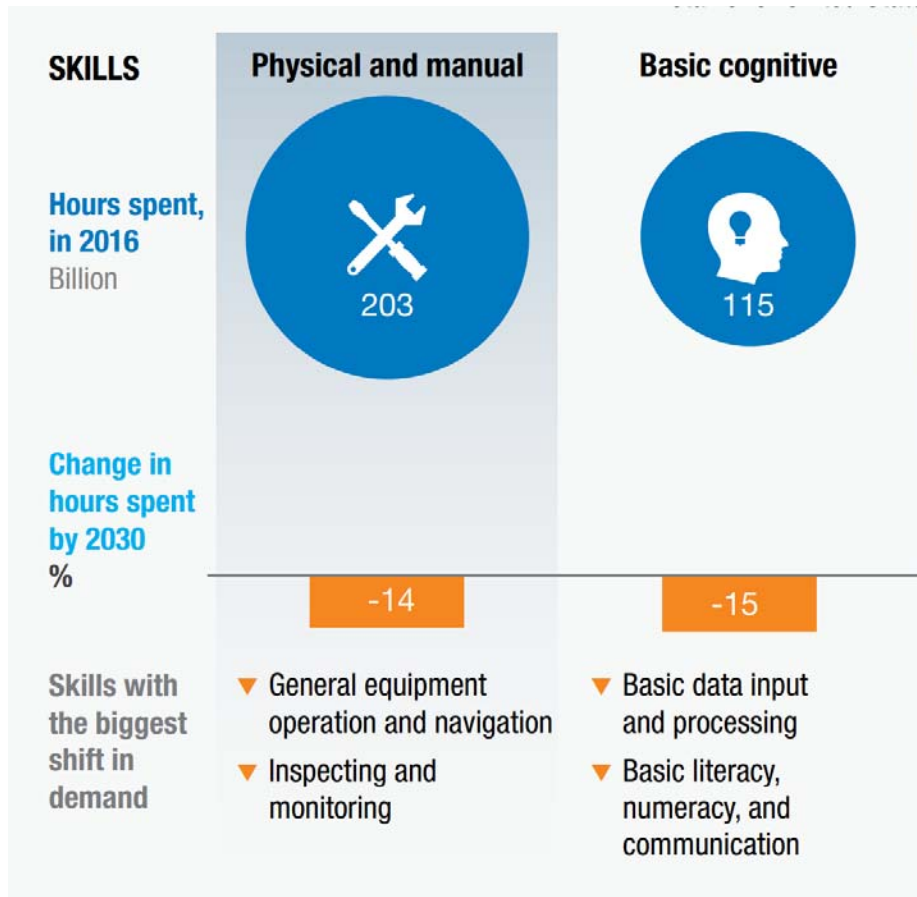


Skills in decline and in demand in 2030



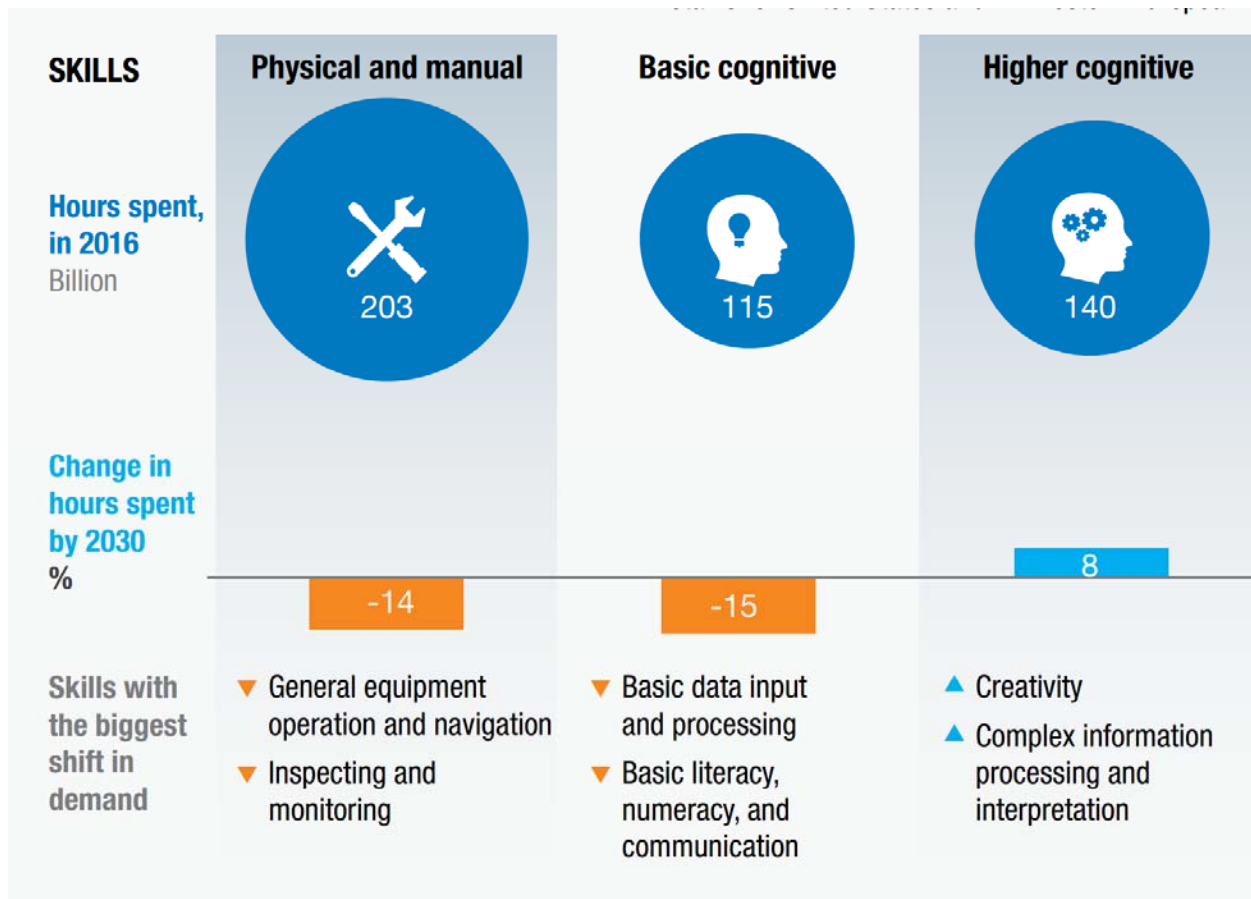
Source: McKinsey Research 2018

Skills in decline and in demand in 2030



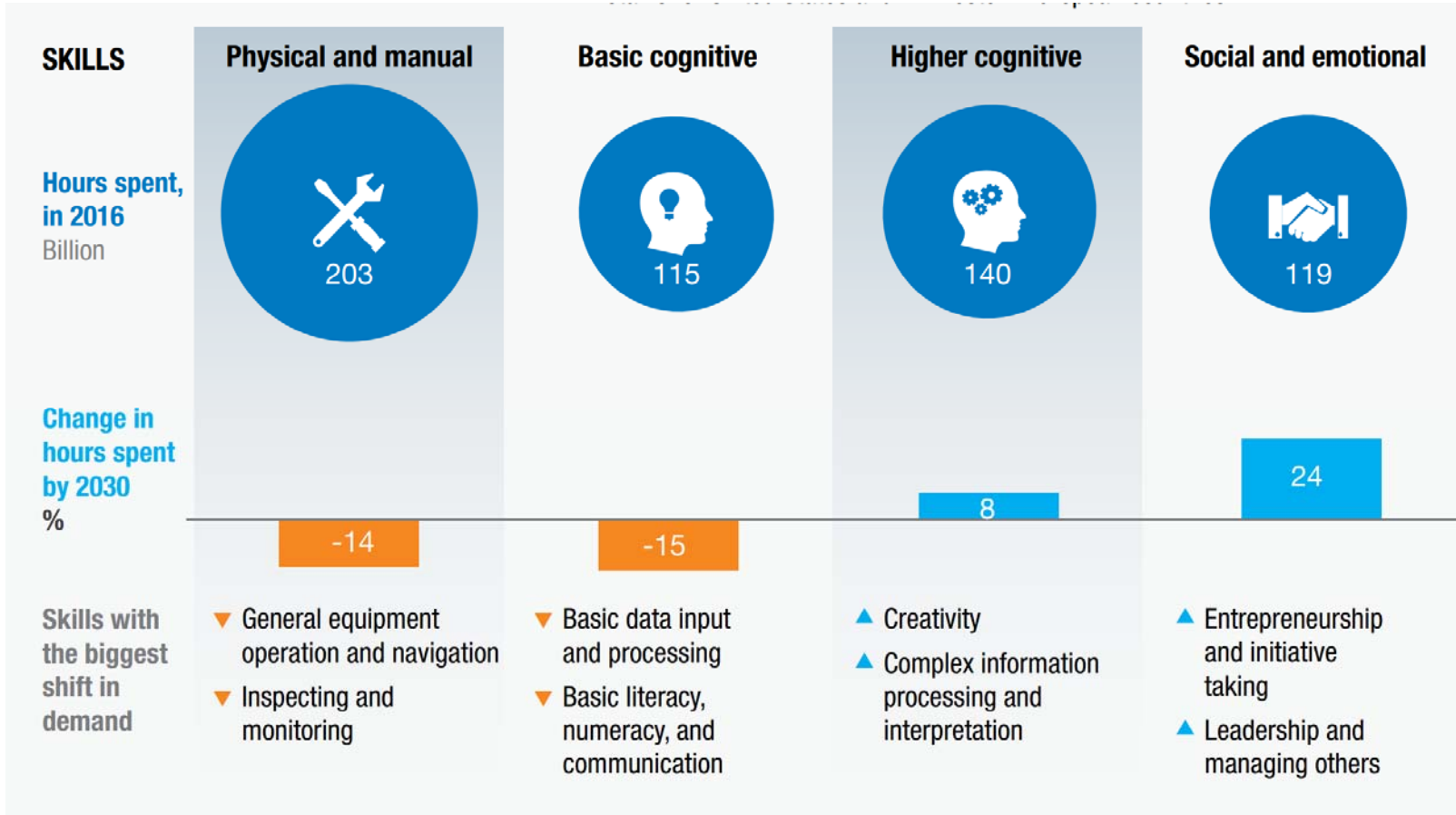
Source: McKinsey Research 2018

Skills in decline and in demand in 2030



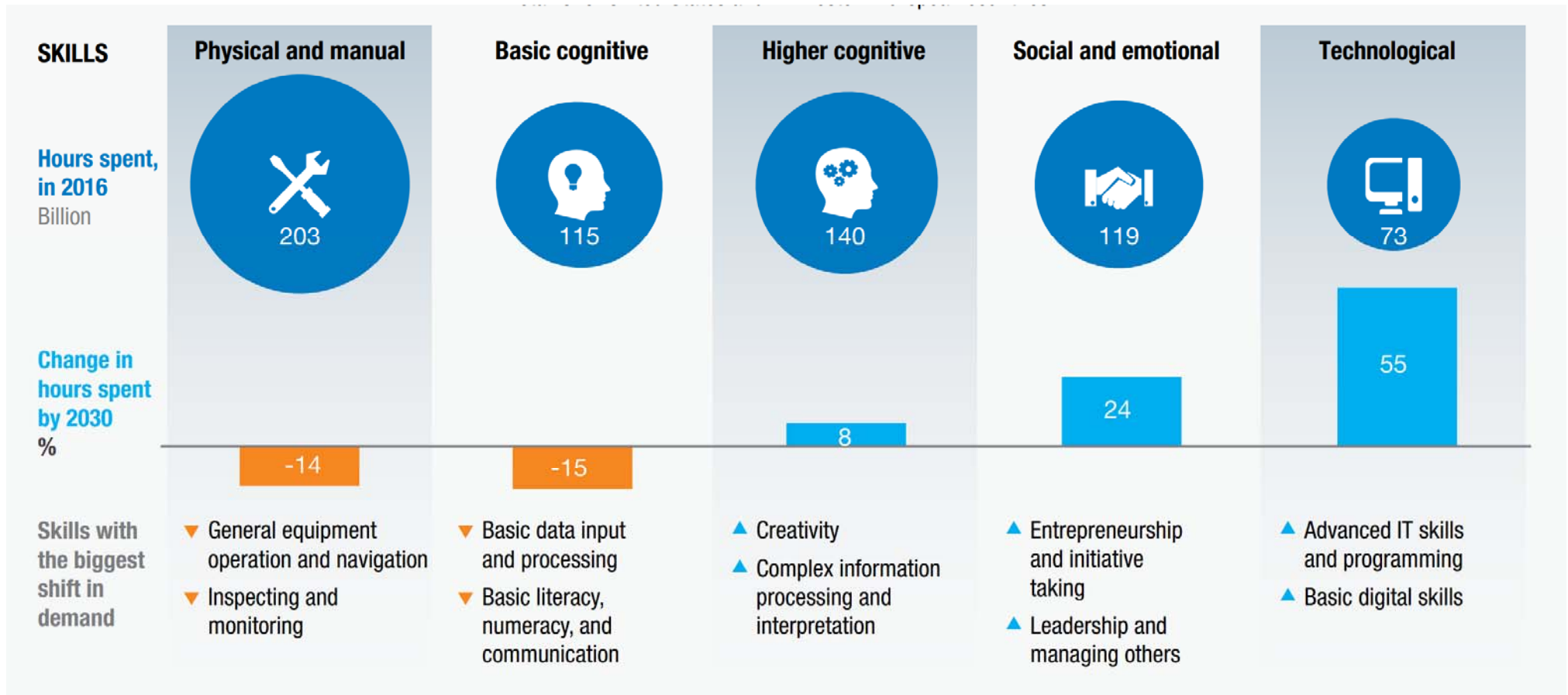
Source: McKinsey Research 2018

Skills in decline and in demand in 2030



Source: McKinsey Research 2018

Skills in decline and in demand in 2030



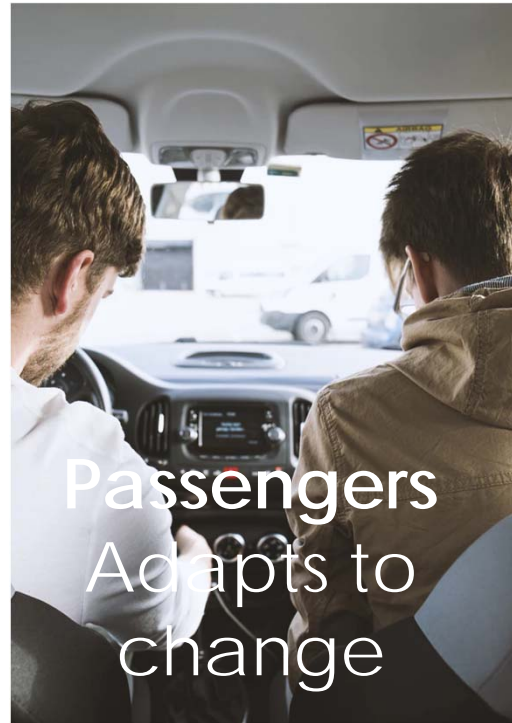
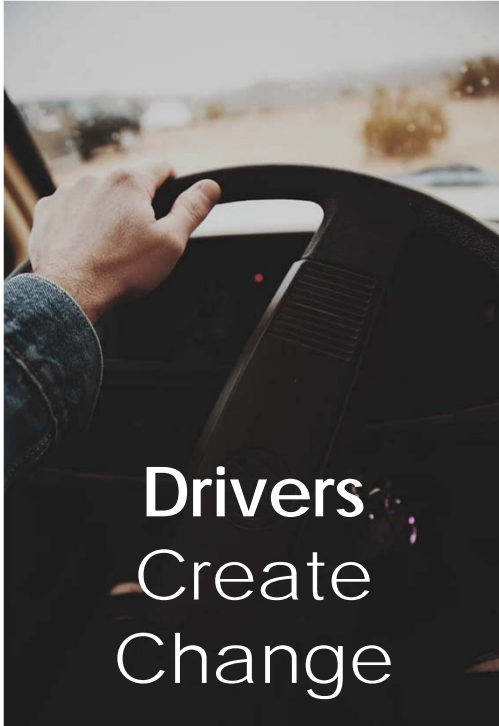
Source: McKinsey Research 2018

bicsi.org/emea2020

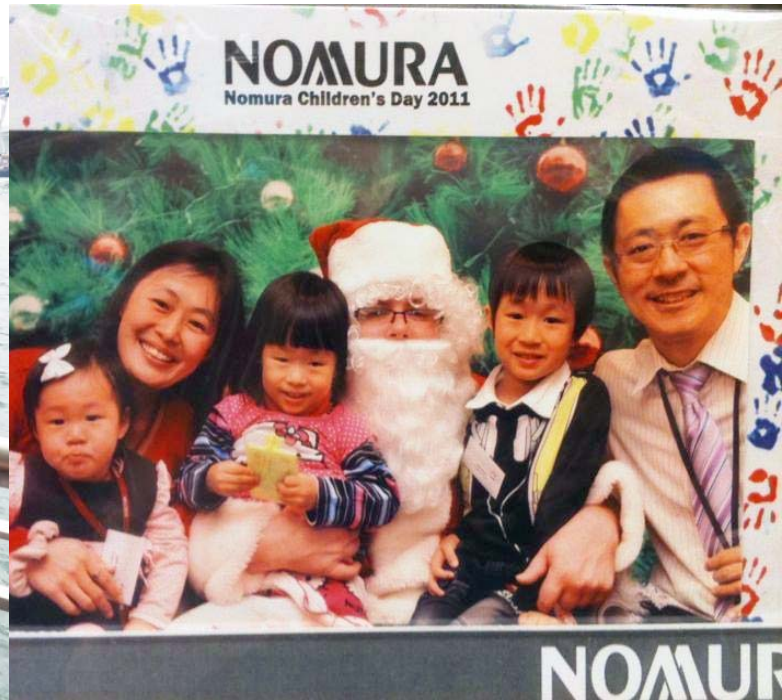
How do we
prepare for a
VUCA, post-
COVID world?



3 Kinds of People When Facing VUCA



2011 - 2013





2013-2014

8 新闻

Hwa Chong student leader
retrenched and jobless for 9 months

前华初学生理事会会长

沦落到失业9个月





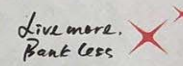
Life

C No kidding
Healthy
instant noodles
C3



Redefine what is normal, embrace what you learn to be right and wrong, challenge the status quo.

Chris Langwallner
CEO & Founder
NamZ




Laid off & fired up

Mr Eugene Seah went from earning \$24,000 a month to putting his kids on food coupons. **Benson Ang** finds out how he picked himself up after retrenchment. **C4&5**



Over the moon

Mooncake sales soar online **C15**



Go 'overseas'

Kayak, dive and cruise around Singapore. **Clara Lock and Abel Ang** show the way. **C6&7**



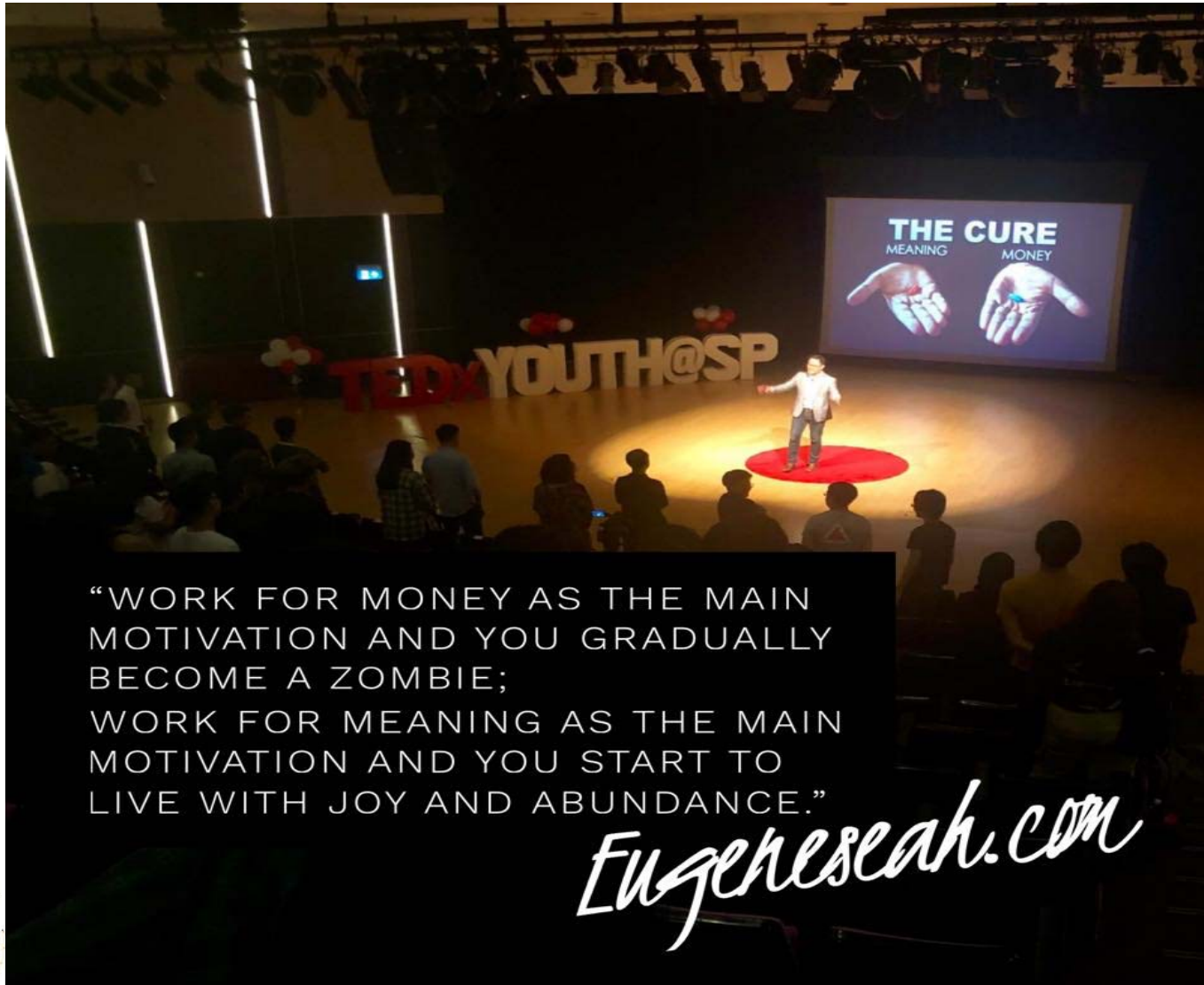
Rohit Brijnath

What I miss about the office **C11**



10 masks tested

John Lui turns mad scientist **C2**



“WORK FOR MONEY AS THE MAIN MOTIVATION AND YOU GRADUALLY BECOME A ZOMBIE;
WORK FOR MEANING AS THE MAIN MOTIVATION AND YOU START TO LIVE WITH JOY AND ABUNDANCE.”

Eugeneseah.com







GAIN NEW
PERSPECTIVES TO
SEE A MORE
ACCURATE PICTURE
OF LIFE

eugeneseak.com



Bicsi
EMEA REGION
bicsi.org/emea2020



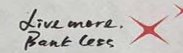
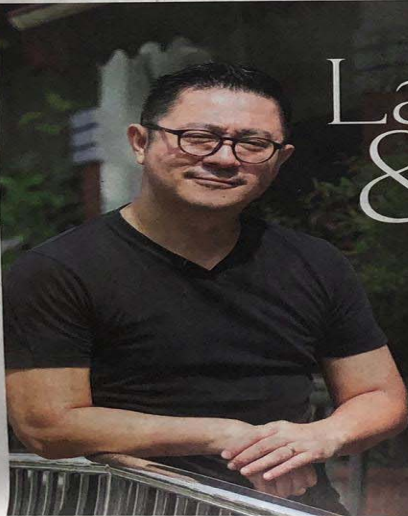
Life

C **No kidding**
Healthy
instant noodles
C3



Redefine what is normal, embrace what you learn to be right and wrong, challenge the status quo.

Chris Langwallner
CEO & Founder
NamZ

Laid off & fired up

Mr Eugene Seah went from earning \$24,000 a month to putting his kids on food coupons. **Benson Ang** finds out how he picked himself up after retrenchment. **C4&5**



Over the moon
Mooncake sales soar online
C15



Go 'overseas'

Kayak, dive and cruise around Singapore. **Clara Lock** and **Abel Ang** show the way. **C6&7**

Rohit Brijnath
What I miss about the office **C11**



10 masks tested
John Lui turns mad scientist
C2



Driving Change During COVID-19



How do we
prepare for a
VUCA, post-
COVID world?



Develop Deeper Connections

An iceberg floating in the ocean, with a small tip above the water and a much larger, jagged mass submerged below. The sky is blue with light clouds, and the water is a deep blue.

Engineering

D2D Connections



Develop Deeper Connections

An iceberg floating in the ocean. The tip of the iceberg is above the water line, and the much larger, jagged base is submerged below. The sky is blue with some clouds, and the water is a deep blue.

Engineering

D2D Connections

Ecosystems

V2V Connections



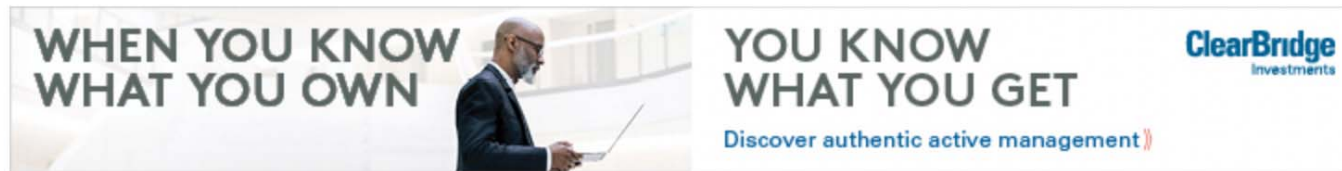
Bicsi[®]
EMEA REGION
bicsi.org/emea2020

THE WALL STREET JOURNAL.

Presi

English Edition | February 13, 2020 | Print Edition | Video

Home World U.S. Politics Economy Business **Tech** Markets Opinion Life & Arts Real Estate WSJ. Magazine



WHEN YOU KNOW
WHAT YOU OWN

YOU KNOW
WHAT YOU GET

ClearBridge
Investments

Discover authentic active management »

TECH

Google Creates Parent Company Called Alphabet in Restructuring

Sundar Pichai will be CEO of Google as Larry Page will head parent company Alphabet; Sergey Brin to be Alphabet president

Alphabet

Investors



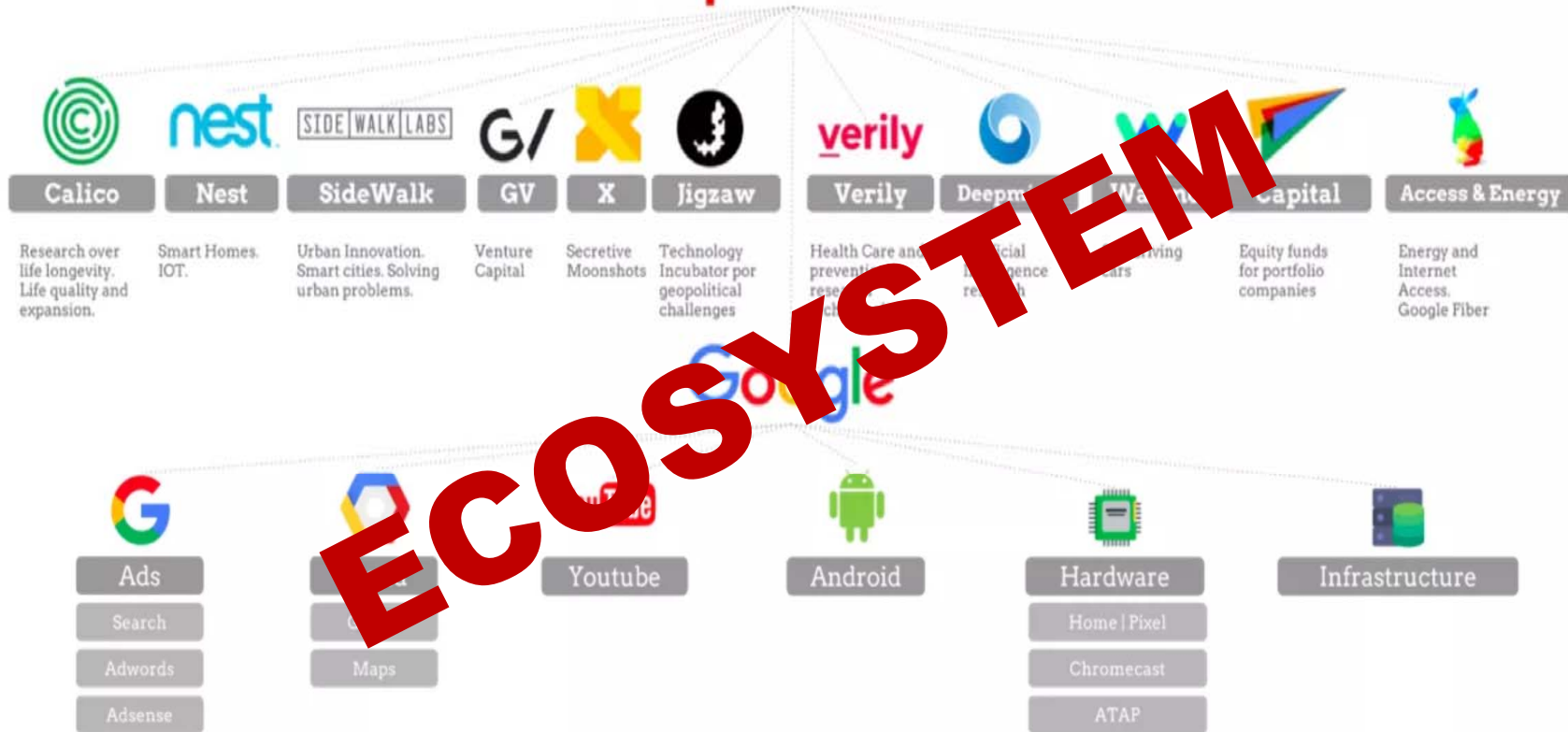
TECH

Google's aggressive 'ambient computing' strategy means it wants to be everywhere

PUBLISHED TUE, OCT 15 2019•3:28 PM EDT



Alphabet



Develop Deeper Connections

An iceberg floating in the ocean. The tip of the iceberg is above the water line, and the much larger, jagged base is submerged below. The sky is blue with some clouds, and the water is a deep blue. The text is overlaid on the image.

Engineering

D2D Connections

Ecosystems

V2V Connections

Empathy

H2H Connections

The empathy deficit

Even as they become more connected, young people are caring less about others



(Globe Staff photo illustration)

By Keith O'Brien
October 17, 2010

[E-mail](#) | [Print](#) | [Reprints](#) |

Text size [-](#) [+](#)

Young Americans today live in a world of endless connections and up-to-the-



The Empathy Paradox: Increasing disconnection in the age of increasing connection

Cite as: Konrath, S. (in press, 2012) *The empathy paradox: Increasing disconnection in the age of increasing connection*. In Handbook of Research on Technoself: Identity in a Technological Society, Rocci Lippicini (Ed.), IGI Global.

Sara Konrath

*Institute for Social Research, University of Michigan, United States
426 Thompson Street, Ann Arbor, MI 48104
Email: skonrath@umich.edu
Phone: 734-763-1512*

Author bio: Sara Konrath received her PhD in Social Psychology from the University of Michigan in 2007. She is currently an Assistant Research Professor at the Institute for Social Research at University of Michigan, with affiliations in Social Psychology (University of



TOP STORIES

TOP VIDEOS

SPECIAL EVENT

How Michael Strahan Became One of America's Most Multifaceted Entrepreneurs

BIG HEROES OF SMALL BUSINESS


This Wounded Green Beret Got Help in His Recovery. He's Using His Startup to Say Thanks

SAFEGUARDS

Cities and Startups Are Poised for a 'Great Reboot'

Inc.

LEAD

Non-Empathetic Employers Are Losing Their Best Employees. Here's Why Who needs empathy when you can fake it, right? These leaders didn't understand the true meaning of empathy and here's what happened to them. 

BY HEATHER R. HUHMAN, PRESIDENT, COME RECOMMENDED @HEATHERHUHMAN





LEADERSHIP & ORGANISATIONS - BLOG

Why Empathy Makes for Stronger Organisations

Manfred F. R. Kets de Vries, INSEAD Distinguished Clinical Professor of Leadership Development & Organisational Change | July 25, 2016

35
Like
Tweet
Share
+ More
Envelope
PDF
A⁺



Executives' ability to see themselves from the outside and others from the inside, plays an important role in effective team formation

Author



Manfred F. R. Kets de Vries

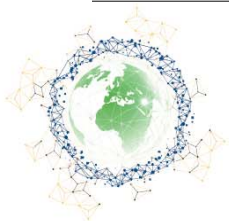
Manfred Kets de Vries is Distinguished Professor of Leadership Development and Organisational Change at INSEAD.

Twitter Feed

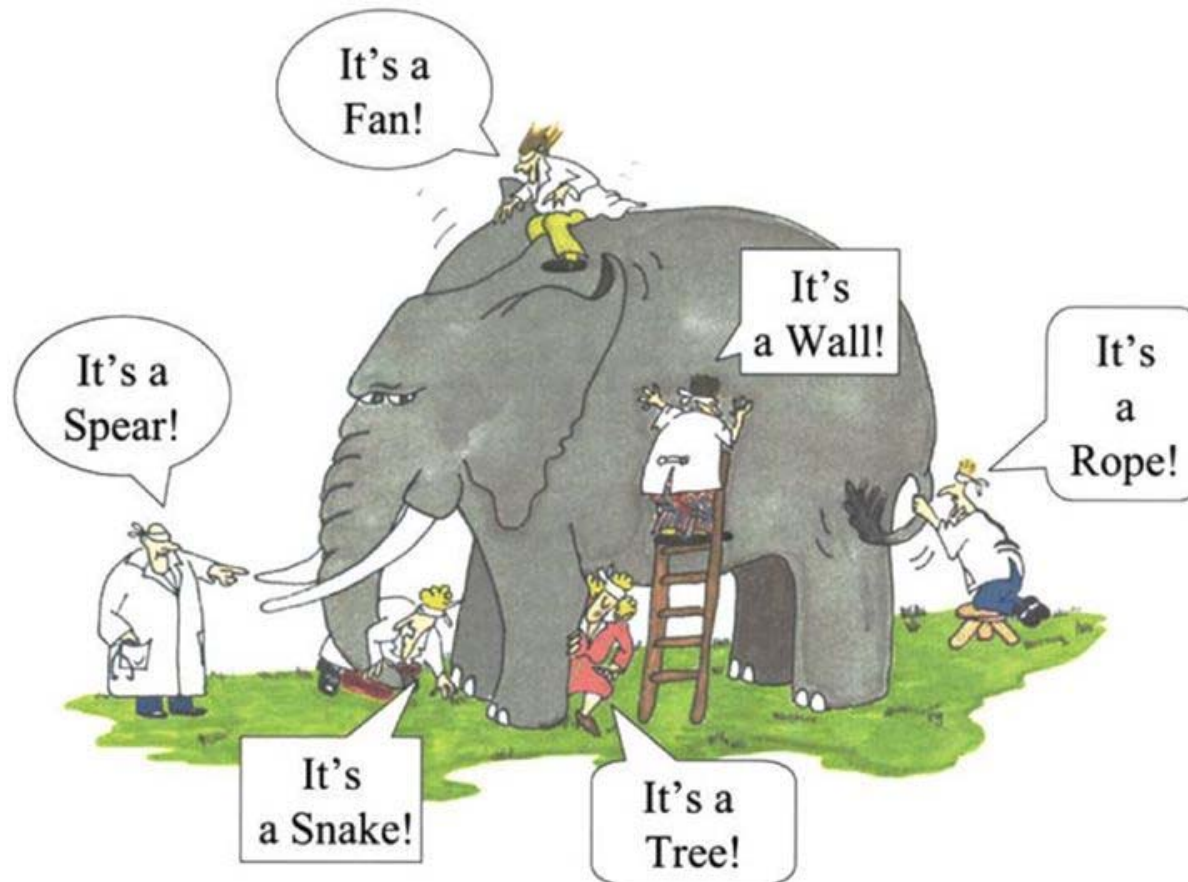
Celebrating ambitious and assertive behaviour from women can chip away at the most pernicious gender stereotypes. <https://t.co/P4Xwusku6u>
<https://knowledge.insead.edu/leadership-organisations/the-truth-about-gender-stereotypes-8691> via INSEADKnowledge

The fix for a tsunami of C-suite departures. #talentdevelopment <https://t.co/rZ4POKby8f>
<https://knowledge.insead.edu/blog/insead-blog/how-to-build-a-c-suite-in-less-than-two-years-15381> via INSEADKnowledge

What's needed to make enough Covid-19 testing accessible to the entire world? A lot more than an enormous increas... <https://t.co/eohKaL8tME>
<https://twitter.com/web/status/1318070636078682112> via INSEADKnowledge



The "Elephant" Rule: Always seek to understand, before being understood



Develop Deeper Connections

An iceberg floating in the ocean, with the visible tip above the water and a much larger, jagged mass submerged below. The sky is blue with light clouds, and the water is a deep blue. The iceberg's surface is textured with snow and ice.

Engineering

D2D Connections

Helpful
Products

Ecosystems

V2V Connections

Higher
Profits

Empathy

H2H Connections

Happier
People

To seek synergies, please follow me on:

facebook®



LinkedIn



Instagram



Bicsi
EMEA REGION
bicsi.org/emea2020